

## INDIVIDUAL DRESSING FRAMES

### PURPOSE:

To teach practical life skills, such as tying shoes, buckling belts, zipping jackets, buttoning shirts, etc.

### MATERIALS:

- 7 frames of wood approximately 10" square (picture frames work well)
- Upholstery tacks
- Enough fabric for each frame
- 1 jacket-type zipper
- 4 large buttons
- 4 snaps
- 4 hooks
- 4 buckles
- 4 large safety pins
- 4 red pieces of twill tape or ribbon, approximately 12" long each
- 4 white pieces of twill tape or ribbon, approximately 12" long each

### INSTRUCTIONS:

Make a separate dressing frame for the items listed above. Cut the fabric so there are two pieces for each frame. Depending on the dressing frame, the two pieces of fabric may need to overlap; for example, buttons and snaps overlap, but a zipper would not. For each dressing frame, attach the items to the fabric. Then attach the fabric to two sides of the frame using upholstery tacks.



A student at the Hilda Rothschild Foundation in El Salvador learned to tie his shoes after working with a dressing frame.

### SOURCE:

Hainstock, Elizabeth G. *Teaching Montessori in the Home: the Pre-school Years*. New York: Plume, 1997. Print.